



Mentoring Program

History of 4th Angel Program



- * Mission

To provide personalized peer support empowering those affected by cancer and its treatment.

- * Vision

To be a global leader in providing peer support to enhance the well-being of those affected by cancer and its treatment while advancing evidence based research.

- * Scott Hamilton, Olympic figure skating champion, was treated for testicular cancer at Cleveland Clinic Taussig Cancer Institute in 1999.
- Scott's Angels: 1) Oncologist 2) Oncology Nursing Staff 3) Family/Friends
- 4th Angel-cancer survivor with similar story

History & Why 4th Angel

- * This led to his idea to create a program in which cancer survivors and patients could talk to their peers about the cancer experience, bringing about the survivor-to-patient/caregiver mentoring programs. The 4th Angel Mentoring Program was created in 2002 and is a national program. In November 2016 the Pediatric Caregiver Program (pilot) was launched to support parents/guardians taking care of sick child
- * Why a person seeks peer support?
- * To talk to someone who knows what it's like & share thoughts with someone who doesn't have an emotional connection to the mentee's family members or friends
- * To obtain guidance, know what to expect, etc.& reduce feelings of isolation

Matching Process



- * Referrals from Physicians, Nurses, Social Workers, Patients, Caregivers, Family Members, Self Referrals, Internal and External
- * Intake Assessment
- * Optimal match based on:
 - * Diagnosis
 - * Stage
 - * Treatment(s)
 - * Age
 - * Gender
- * Phone/Email communication between mentee/mentor

Mentor Criteria & Training



- * Patient Mentor: 6 months or more post-treatment
- * In order to be a pediatric caregiver mentor, the child should be at least six months into or off of treatment.
- * Positive outlook, supportive nature based on shared cancer experience
- * Be flexible & provide feedback
- * Training:
 - * Complete a 4th Angel volunteer application
 - * Screening process (includes background check)
 - * Training completed online or the phone with a coordinator
 - * Training manual/mentor toolkit modeled after ACS guidelines for Cancer Support & Self Help Groups
 - * Training includes: Matching for successful support; discusses roles, confidentiality, boundaries, provides resources, guidance, communication/mentoring tips
 - * Volunteer agreement form (HIPAA)

4th Angel Coordinators



- * Recruit & Train Mentors
- * Intake Assessment
- * Facilitate 4th Angel Match
- * Gather and Review Feedback
- * Provide Additional Resources
- * Continual Support and Guidance
- * Program Awareness Efforts- Marketing Locally and Nationally

Research

“Currently, peer support is widely used in formal and informal programs and has been found to have a positive impact on individuals with shared diseases, conditions, or situations.” (Soloman, 2004)

- * Potential positive outcomes from the use of peer support:
 - * Foster social networking, Improve quality of life, Promote wellness, Improve coping skills, Support acceptance of illness/situation, Improve compliance (e.g., medication adherence), Reduce concerns
 - * Increase satisfaction with health status (Heisler, 2006, DHHS 2007, Soloman 2004)

- * 2017 Quarter Two 4th Angel outcome data:
 - * Patient Mentees: 8/14 or 57% reported improved well-being after their match.
 - * Caregiver Mentees: 6/6 or 100% reported improved well-being after their match.
 - * Pediatric Caregiver Mentees: 0/1 or 0% reported improved well-being after their match. (stayed the same)
 - * Overall, 67% of mentees reported improved well-being after their match.

Program Data



- * Total Matches in 2016: 1248
 - * (30% increase from 2015)
- * Active Mentors (caregiver and patient): approx. 1037
- * Partnering Organizations: 900+
 - * Including – American Cancer Society, National Cancer Institute, Cancer Support Community

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References

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