

Testing and Early Diagnosis Key Players for Lung Cancer Program Success

Dr. Devika Das - Medical Oncologist, Hematologist, UAB Medicine, Clinical Assistant Professor, University of Alabama Birmingham

What are the key players for program success?

What happens after I get a lung cancer screening test? What happens once I find something on my lungs that need further work-up? This is an important question that every patient and family member and caretaker should be thinking about. Any centre that you choose to go to for care needs to have all the comprehensive care available. It is not just helpful to tell somebody they have a spot on their lung that needs further work-up; there's a whole continuum of care that's involved. Most centres that have really good lung cancer screening programs always have a nurse, or a coordinator, who essentially follows the patient through the process and helps them make decisions, and schedule appointments, and helps them along the process of lung cancer screening. So, you need somebody who is a point-ofcontact for getting those CT scans, and a good primary-care provider who is going to follow-up on those results. And you access to CT scanners, and you need radiologists who can interpret those CT scans, and everything after that. In case you find a spot on the lung, you need a pulmonologist, you need access to a healthcare centre that is not too far away. If you have an early-stage cancer that is diagnosed, then you need access to thoracic surgery, radiation oncology, or if you need a medical oncologist; all of these need to be available in a very accessible manner for patients and their caregivers. So its not important to just screen somebody for cancer, but we need to be able to provide somebody with everything that comes after. Another part of this is counselling and accessibility to people who can talk to you about tobacco cessation is that is something you are interested in. A lot of patients, when they undergo lung cancer screening, also want an opportunity to help them with tobacco cessation; so, having programs, or being accessible, to those questions is something that a good program with lung cancer screening would be providing.